EASY PROVINCIAL PARK SWIM BEACH FOUR LAKES LOOP

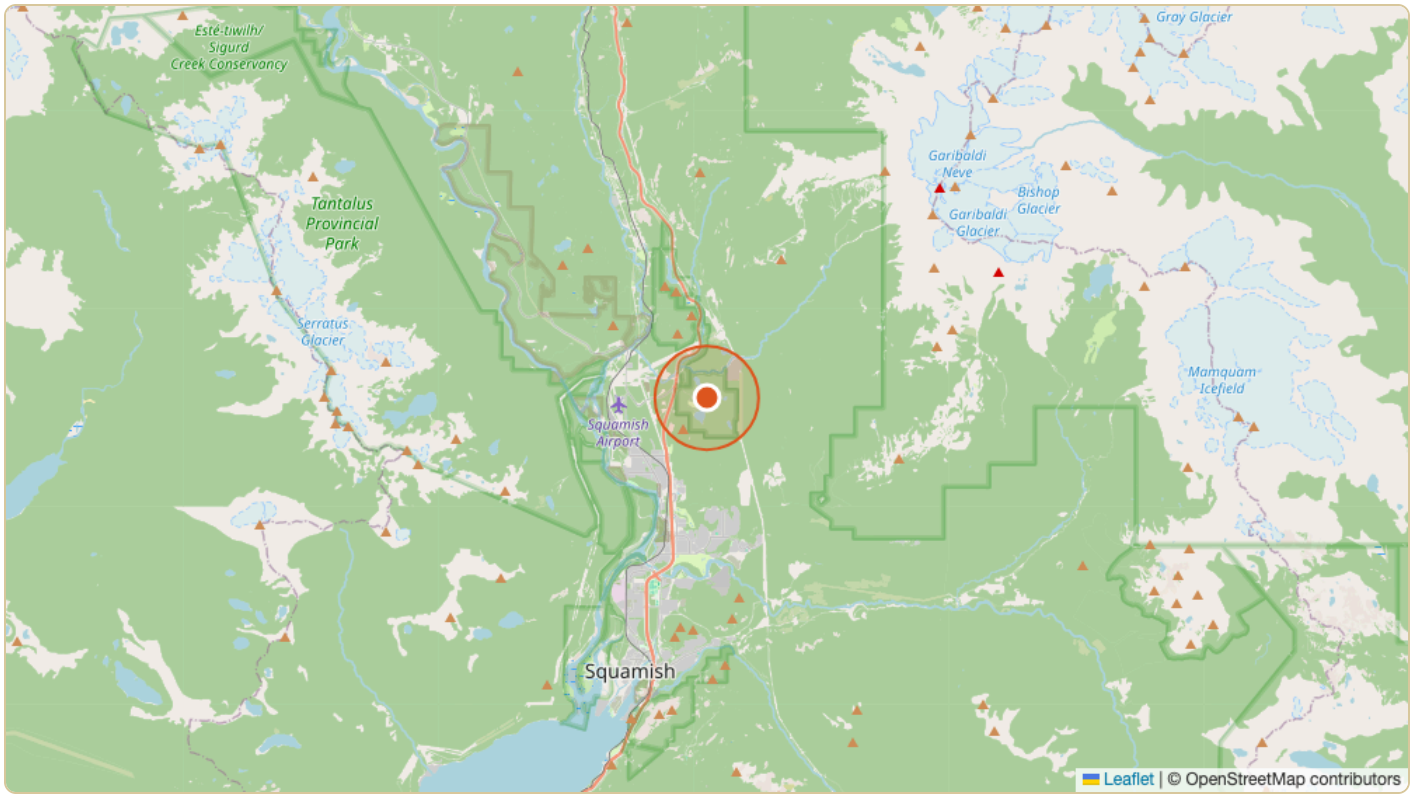
Alice Lake

A sandy swim beach, four lakes on a family-friendly loop and the easiest canoe day in the corridor.

DO YOUR OWN RESEARCH FIRST. This is not a navigation tool and must not be your only source. Confirm everything with the land manager.

DIFFICULTY	FOUR LAKES LOOP	CAMPSITES
Easy	**≈ 6 km**	**55 + group**
Gentle terrain	Our notes; BC Parks gives no distance	Vehicle-accessible (BC Parks)

BEACHES	BOATING	DOGS
2 sandy	**Paddle only**	**Leashed**
No lifeguards	No motorized boats	Not on beaches or Alice Lake Trail



Approximate area only, not a trailhead or route. Map data © OpenStreetMap contributors.

Park	Alice Lake Provincial Park
Access	Paved, off Highway 99 north of Squamish
Four Lakes loop	≈ 6 km (our notes)
Camping	55 vehicle sites + group site
Boating	Canoes & kayaks; no motors
Quiet hours	10 pm – 7 am

Dogs	Leashed; not on beaches

Overview

Alice Lake Provincial Park is the no-stress version of an outdoor day on the Sea to Sky: two sandy beaches with change houses, a campground, paddling on a lake that bans motorized boats, and the Four Lakes Trail linking Alice with its neighbours.

BC Parks lists the Four Lakes Trail, Alice Lake Loop, Mike's Loop, Stump Lake Loop and DeBeck's Hill Trail but gives no distances. The 6 km figure for the Four Lakes loop comes from our own notes and local guides, so treat it as approximate.

Two sandy beaches · No motorized boats · Camping · Leashed dogs

Getting there & facilities

Where The park is off Highway 99 north of Squamish and reached by paved road. The nearest store is 6 km away in Brackendale, per BC Parks.

Camping BC Parks lists 55 vehicle-accessible campsites plus one group camping area. Electrical sites cost an extra $8 per night. BC Parks strongly advises reserving for July through September.

Facilities Change houses, a floating dock at South Beach, a playground, picnic areas and parking lots. Quiet hours are 10 pm to 7 am; generators may run 9–11 am and 6–8 pm.

Rules & safety

Swimming Swim areas are marked by floats. There are no lifeguards.

Boating Canoes and kayaks are allowed on the lake. Motorized boats are not permitted. Paddle sport rentals are available in summer through the park operator.

Dogs Dogs must be leashed at all times. They are allowed in the campground but not on the Alice Lake Trail, beaches, playground, picnic or day-use areas, or in park buildings.

Cycling Cycling is closed on the trail around Alice Lake and on the Edith Lake to South Beach section of the Four Lakes Trail. The rest of the Four Lakes Trail is closed to cycling May 1 to September 15.

Questions

How long is the Four Lakes loop?
BC Parks does not give a distance. Local guides put the loop at about 6 km, connecting Alice, Stump, Fawn and Edith lakes.

Can I bring my dog?
Dogs must be leashed. They are allowed in the campground but not on the Alice Lake Trail, beaches, playground, picnic areas, day-use area or park buildings.

Are motorboats allowed?
No. Canoes and kayaks are allowed; motorized boats are not.

How many campsites are there?
BC Parks lists 55 vehicle-accessible campsites and one group camping area. Reserve early for July to September.

Is there a lifeguard?
No. Swim areas are marked by floats, but there are no lifeguards.

Safety checklist

Tell someone your plan Leave your route, group size and expected return time with someone you trust, and check in when you are back. BC AdventureSmart (adventuresmart.ca) has a free trip-plan form.

Check conditions the same day Look at the weather, road and trail conditions, closures and (in snow season) the avalanche forecast on the day you go, not last week. Use the land manager's page for this guide.

Set a turnaround time Pick a time to turn back whatever happens, start early, and carry a headlamp. Most trips go wrong in the last hours of the day.

Carry the essentials Water, food, navigation (map and offline GPS), light, first aid, extra layers, sun protection, a whistle and fire or shelter. A phone alone is not a plan.

Emergencies Call 911. Cell coverage is unreliable or absent in much of the Sea to Sky backcountry, so consider a satellite messenger and know your location.

Water and wildlife Wear a life jacket on the water: cold water can disable you in minutes. Carry bear spray where bears are present, keep food secured and give wildlife space.

Sources & disclaimer

This guide draws on BC Parks: Alice Lake Park; our own field notes.

Last checked November 18, 2026. Figures marked ≈ are approximate, and sources sometimes disagree. Always confirm with the land manager before you go.

Outdoor recreation involves risk, including serious injury and death. This guide is general information compiled from the public sources listed above and was last checked on November 18, 2026. Conditions, access, closures, fees and rules change, and some figures differ between sources. It is not a substitute for current information from the land manager, for proper skills, equipment and preparation, or for your own judgment. You are responsible for your own safety and decisions. To the extent permitted by law, Sea to Sky Trails and its authors accept no liability for loss, injury or damage arising from use of this guide.

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